

The Endocannabinoid System

We all have an endocannabinoid system (ECS) which produces and processes cannabinoids. It works hard to regulate lots of systems, including memory, digestion, motor function, immunity, inflammation, appetite, pain, blood pressure, bone growth, and the protection of nerve and brain tissues, just to name a few.

● **CB1 Receptors**

THC molecules bind especially well with CB1 receptors. They're typically found in the Central Nervous System in areas associated with thought, coordination, time perception, memory, and pleasure.

● **CB2 Receptors**

You can primarily find CB2 receptors in the immune system, keeping infections in check. These receptors are typically not psychoactive and help to reduce inflammation, pain, and other metabolic processes.

